

## ACTIVITY REPORTS DEPARTMENT OF PHYSICAL EDUCATION

1. Name of Department / Committee / Cell: Physical Education
2. Name of the Event / Activity: Special Lecture (Differents Sports Injuries and Rehabilitation)-2023
3. Mode of Event/Activity(Online/Offline): Offline
4. Date(s)& Time of the event:04.04.2023;11.30AM
5. Venue of the Event: College Auditorium hall
6. Nature of the Activity (Tick / underline the applicable choice): *programme / function / event / competition / lecture / exhibition / camp / workshop / training / extension activity / rally / campaign / drive / celebration of days / extending help in terms of students, expertise, experience, etc.*
7. Financial Details: college fund
8. Level of the activity (Tick / underline the applicable choice): *International / National / State / University / District / College / Local / Village / Gram Panchayet*
9. Name of the Sponsor: Nil
10. Name of the Collaborator, if any: IQAC
11. Purpose / Aims / Objectives of the event: Encourages people of all ages to embrace physical fitness.
12. Names and designations / professions of dignitaries, guests, participants:

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
<b>Chairperson/Patron</b>		
<b>Inaugurator</b>	Dr. Subrata Chatterjee	Principal, Sree Chaitanya Mahavidyalaya
<b>Chief Guest</b>		
<b>Guest(s)</b>		
<b>Resource Person(s)</b>		
	Dr. L:imon Kumar Saha	P.G.G.I.P.E BANIPUR
<b>Participant Speakers</b>		
	1. Dr. Biswabandhu Nayek	SACT,SCM
	2. Moumita Mitra	SACT,SCM

13. Name(s) of the Anchor(s): Dr. Biswabandhu Nayek SACT, SCM, Moumita Mitra SAT, SCM.
14. Mode of involvement of Support Staff/Students in the organization of the event: Online mode participation.
15. Beneficiaries / participants/ audience (Type and/or number): Almost 128
16. Outcome of the activity with Methodology [Tick or underline the suitable alternative(s) and give details]: awareness / prizes won / social service / personality development (name the aspects) / skill testing or development, etc.
17. Quantitative information: Number of teachers, students, participants, teams, events, categories, colleges, universities involved in the organization of the event:  
No. of Teachers & others : 06  
No. of Students: 122
18. Any other information/report/remarks/comments: well Organization & complete successfully events.
19. Photographs (with captions &/or Geo tag ) submitted (number): yes



**H.O.D**  
**Dpt. Of Physical Education,**  
**Sree Chaitanya Mahavidyalaya**

**Concussion**

Concussions are a type of traumatic brain injury that impacts your brain function and affects your memory, balance, and coordination. A violent blow to the head can cause your brain to suddenly move back and forth inside the brain and hit the walls of your skull — this intense motion is what causes the injury. Concussions are most common in contact sports like football or soccer.

Some of the symptoms of a concussion include:

- Headache
- Loss of consciousness
- Ringing in the ears
- Nausea or vomiting
- Dizziness
- Blurred vision
- Disorientation
- Slurred speech
- Irritability

GPS Map Camera

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old...  
112  
Google

**Habra, West Bengal, India**  
RJPQ+2WP, Habra, West Bengal 743222, India  
Lat 22.835877°  
Long 88.639744°  
04/04/23 01:09 PM GMT +05:30

GPS Map  
Camera Lite

RJPQ+2WP, Habra, West Bengal 743222, India

Latitude 22.83570856°  
Longitude 88.63955841°  
Local 12:26:43 PM  
GMT 06:56:43 AM  
Altitude 10 meters  
Tuesday, 04.04.2023



GPS Map  
Camera Lite

RJPQ+2WP, Habra, West Bengal 743222, India

Latitude  
22.83570834°

Longitude  
88.63955828°

Local 12:26:57 PM  
GMT 06:56:57 AM

Altitude 10 meters  
Tuesday, 04.04.2023



GPS Map Camera

Habra, West Bengal, India

RJPQ+2WP, Habra, West Bengal 743222, India

Lat 22.835872°

Long 88.639672°

04/04/23 12:36 PM GMT +05:30



**Event /Activity Report**  
**Department of PHYSICAL EDUCATION**

- **Name of the Department** : Physical Education
- **Name of the Event/Activity** : Celebration of Yoga Day
- **Mode of Event/Activity** : Offline
- **Date(s)& Time of the event** : 21/06/2023,10.00 am1.30am.
- **Venue of the Event** : Sree Chaitanya Mahavidyalaya (Auditorium Hall)
- **Nature of the Activity** : Programme.
- **Financial Details** : college fund.
- **Level of the activity** : Sree Chaitanya Mahavidyalaya
- **Name of the Sponsor** : nil
- **Name of the Collaborator, if any** : IQAC & Sree Chaitanya mahavidyalaya
- **Objectives:** Yoga for quality of life
- **Names and designations / professions of dignitaries, guests, participants:**

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
<b>Chairperson/Patron</b>	Dr. Subrata Chaterjee	Principal,SCM
<b>Inaugurator</b>	Dr .Biswabandhu Nayek	SACT,SCM
<b>Resource Person(s) &amp; Invited Speaker (s)</b>		
	Dr .Biswabandhu Nayek Moumita Mitra	SACT,H.O.D Dpt. Of Physical Education,SCM SACT,SCM
<b>Vote of Thanks</b>	Dr. Pulakesh Sen	Coordinator,IQAC,SCM

- **Mode of involvement of Support Staff/Students in the organization of the event:** Offline
- **Beneficiaries / participants / audience (Type and/or number):**127
- **Outcome of the activity with Methodology:** awareness and skill development program
- **Photographs :**yes
- **Documents produced:** Programme schedule
- **Any other information/report/remarks/comments:** Well Organized and successful Event.

*Bisambhuti Singh*

H.O.D  
Dpt. Of Physical Education,  
Sree Chaitanya Mahavidyalaya





**Event /Activity Report**  
**Department of PHYSICAL EDUCATION**

- **Name of the Department** : Physical Education & SSB(63BN)
- **Name of the Event/Activity** : Yoga awareness programme
- **Mode of Event/Activity** : Offline
- **Date(s) & Time of the event** : 04/08/2023,10 am 11.00am.
- **Venue of the Event** : Sree Chaitanya Mahavidyalaya (Auditorium Hall)
- **Nature of the Activity** : Programme
- **Financial Details** : college fund.
- **Level of the activity** : Sree Chaitanya Mahavidyalaya
- **Name of the Sponsor** : nil
- **Name of the Collaborator, if any** : IQAC,Sree Chaitanya mahavidyalaya& SSB(63BN)
- **Objectives:** Yoga for All.
- **Names and designations / professions of dignitaries, guests, participants:**

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
Chairperson/Patron	Dr. Subrata Chaterjee	Principal,SCM

<b>Inaugurator</b>	Dr .Biswabandhu Nayek	SACT,SCM
<b>Resource Person(s) &amp; Invited Speaker (s)</b>	Dr .Biswabandhu Nayek	SACT,H.O.D Dpt. Of Physical Education,SCM
	Moumita Mitra	SACT,SCM
<b>Vote of Thanks</b>	Dr. Pulakesh Sen	Coordinator,IQAC,SCM

- **Name of the Anchor:** Dr Biswabandhu Nayek & Moumita Mitra
- **Mode of involvement of Support Staff/Students in the organization of the event:** Offline
- **Beneficiaries / participants / audience (Type and/or number):**150
- **Outcome of the activity with Methodology:** Awareness & skill development programme
- **Photographs :yes**
- **Documents produced:** Programme schedule
- **Any other information/report/remarks/comments:** Well Organized and successful Event.

*Biswabandhu Nayek*  
H.O.D  
Dept. of Physical Education  
Sree Chaitanya Mahavidyalaya





**ACTIVITY REPOTS**  
**DEPART OF PHYSICAL EDUCATION**

20. Name of Department / Committee / Cell: Physical Education
21. Name of the Event / Activity: NATIONAL SPORTS DAY
22. Mode of Event/Activity(Online/Offline): Online
23. Date(s)& Time of the event: 29<sup>th</sup> August, 2023 ;10.00AM
24. Venue of the Event: Google Meet Platform
25. Nature of the Activity (Tick / underline the applicable choice): *programme / function / event / competition / lecture / exhibition / camp / workshop / training / extension activity / rally / campaign / drive / celebration of days / extending help in terms of students, expertise, experience, etc.*
26. Financial Details: Nil
27. Level of the activity (Tick / underline the applicable choice): *International / National / State / University / District / College / Local / Village / Gram Panchayet*
28. Name of the Sponsor: Nil
29. Name of the Collaborator, if any: IQAC
30. Purpose / Aims / Objectives of the event:
31. Names and designations / professions of dignitaries, guests, participants:

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
<b>Chairperson/Patron</b>		
<b>Inaugurator</b>	Dr. Subrata Chatterjee	Principal, Sree Chaitanya Mahavidyalaya
<b>Chief Guest</b>	Dr. Limon Kumar Saha	Assistant Professor, P.G.G.I.P.E Banipur
<b>Guest(s)</b>		
<b>Resource Person(s)</b>	Dr. Limon Kumar Saha	Assistant Professor, P.G.G.I.P.E Banipur
<b>Participant Speakers</b>		
	3. Dr. Biswabandhu Nayek	SACT,SCM
	4. Moumita Mitra	SACT,SCM
	5.	
	6.	

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32. Name(s) of the Anchor(s): Dr. Biswabandhu Nayek SACT, SCM, Moumita Mitra SAT, SCM.
33. Mode of involvement of Support Staff/Students in the organization of the event: Online mode participation.
34. Beneficiaries / participants/ audience (Type and/or number): Almost 95
35. Outcome of the activity with Methodology [Tick or underline the suitable alternative(s) and give details]: awareness / prizes won / social service / personality development (name the aspects) / skill testing or development, etc.
36. Quantitative information: Number of teachers, students, participants, teams, events, categories, colleges, universities involved in the organization of the event:  
 No. of Teachers : 06  
 No. of Students: 88
37. Any other information/report/remarks/comments: well Organization & complete successfully events. **Development of knowledge in sports area.**
38. Photographs (with captions &/or Geo tag ) submitted (number): yes

Biswabandhu Nayek  
 H.O.D  
 Dept. of Physical Education  
 Sree Chaitanya Mahavidyalaya

**Sree Chaitanya Mahavidyalaya**  
 P.O. Habra-Prafullanagar, North 24 Parganas, PIN 743268  
[sreechaitanyamahavidyalaya@ic.ac.in](mailto:sreechaitanyamahavidyalaya@ic.ac.in) | [www.scma.ac.in](http://www.scma.ac.in)

**ON OCCASION OF NATIONAL SPORTS DAY**  
**SPECIAL LECTURE**  
**ORGANIZED BY**  
**DEPARTMENT OF PHYSICAL EDUCATION & IQAC**  
**SREE CHAITANYA MAHAVIDYALAYA**  
 Habra-Prafullanagar, North 24 Parganas  
**Date: 29/08/2023 at 10.00 A.M**  
**SPECIAL LECTURE PLATFORM: GOOGLE MEET**  
<https://meet.google.com/hsn-zpkt-pvu>

**SPEAKER**  
  
**Dr. Jitendra Kumar Saha**  
 ASSISTANT PROFESSOR  
 COLLEGE, BANSPORE  
 North 24 Parganas,  
 H.O.D.

**Organizer & Welcome Address**  
**Dr. Sudranga Chatterjee**  
 Professor  
 Sree Chaitanya Mahavidyalaya

**Curator**  
**Dr. Biswabandhu Nayek**  
 SACT, Physical Education  
 Sree Chaitanya Mahavidyalaya

**Vote of Thanks**  
**Dr. Pradyumn Sen**  
 Coordinator, IQAC  
 Sree Chaitanya Mahavidyalaya

